



Our charges

The cost of sessions is £40+VAT including expenses for venues up to ten miles away. There is a further charge of 40p per extra mile travelled for venues more than ten miles away.

Discount for multiple bookings

We offer a discount for organisations booking multiple sessions in advance. If you book six sessions you will only pay for five. All sessions must be booked in the diary at the same time and must be taken within a twelve month period.

How to book

Call or email the Education Officer to discuss the needs of your group.

Contact Us

Tiverton Museum of Mid Devon Life
Beck's Square
Tiverton, EX16 6PJ

01884 256295
education@tivertonmuseum.org.uk

www.tivertonmuseum.org.uk

Who we are

Tiverton Museum is an independent charitable trust.

Fifteen galleries show everything from laundry to lace-making, bicycles to brewing and carts to costume, giving an insight into the life and work of Mid Devon people.

The museum has one of the most extensive social history collections of any museum of its size.



**REMINISCENCE
SERVICE**
**Accessing the museum
collection for older people**



Objects from the *Home Sweet Home* box

What we do

Tiverton Museum runs an outreach reminiscence service, taking the museum's handling collection into residential homes and to memory cafés around Tiverton and the surrounding area.

- Discount for multiple bookings
- Sessions led by trained staff and volunteers
- Uses museum handling collection
- Free follow-up resources

What is reminiscence therapy?

Reminiscence therapy is the act of using life histories to induce wellbeing. In our case, it involves using objects from the past to provoke reminiscence responses from service users.

Reminiscence Therapy has been shown to aid cognitive function, encourage memory recall and improve the health and well being of older people and those suffering with dementia.

Our collections

We bring a collection of objects to your venue based around a theme such as the home. By talking about and passing around these objects we hope to encourage service users to talk about their memories of their lives.

Each visit we will bring a different collection to you. You can request certain collections or we can bring them in rotation. Sometimes you might feel that you want us to return with a collection as we rarely get through all the objects!

- Childhood
- Home Sweet Home
- The Working Week
- Schooldays
- Saturday Night Out
- Celebrations and Jubilations
- Keep The Home Fires Burning (WW2)
- We're All Going on a Summer Holiday
- Down The Garden Path (Hobbies)
- Farming



Smells can bring memories flooding back

Who is the service for?

Sessions work best with a group of 5-12 people. Reminiscing is great fun for everyone involved and can help care home staff to get to know residents, and residents to get to know the people they live with better. We recommend the service for people with mild to moderate or no dementia.

Larger groups can be catered for with a 'Down Memory Lane' presentation.

What you can do to help the success of a session

Providing the right atmosphere is key to the level of success of a session. An hour or more in a quiet space with no interruptions can bring amazing stories to the fore. Sitting in a semi-circle so that residents can see each other, and making sure that those present are interested in taking part can all contribute to making the experience pleasant.

We ask that members of the group do not have other commitments during the session time (eg. hairdresser appointment)

Family visitors are welcome to join in, but we ask that they attend the whole session to avoid interruptions.

Many of our collections include music. Please let us know if a CD player is available.

A member of staff should be present at all times.

Visiting the museum

The museum site is fully accessible for wheelchair users. Please contact the Education Officer to book a visit.